

## Horns' Langager named CIS player of the year

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**MONCTON (CIS)** - University of Lethbridge defenseman Jay Langager is the Canadian Interuniversity Sport men's hockey player of the year for the 2006-07 season.

A native of Loreburn, Sask., Langager becomes the first Pronghorn to claim the Senator Joseph A. Sullivan Trophy since it was first awarded in 1975-76. He is the first rearguard to be named CIS MVP since Guelph's Jean-Paul Davis in 1997-98.



Other major award winners announced on Wednesday evening during the CIS All-Canadian Awards Banquet were Lethbridge teammate Mark Shefchyk (Winnipeg), who received the Clare Drake Award as rookie of the year, Ottawa's Ben McLeod (Edmonton), who captured the R.W. Pugh Award as the most sportsmanlike player, Moncton's Robert Mongrain, presented with the Father George Kehoe Memorial Award as coach of the year, and UNB's Colin Sinclair (Brooks, Alta.), who received the Dr. Randy Gregg Award recognizing outstanding achievement in hockey, academics and community involvement.

Langager, a six-foot-one, 220-pound senior, was a triple award winner in Canada West this season as he was named conference MVP, top defenseman and the player who best combines hockey with academics and community involvement. His nomination on the first All-Canadian team marks the first time he is recognized as a CIS all-star.

In his fifth and final year of eligibility and his second campaign at Lethbridge, the Pronghorn captain led all Canada West rearguards in scoring in the regular season with 29 points (3-26-29) in 27 outings and quarterbacked the best power play unit in the conference, helping the 'Horns convert 22.3 percent of their opportunities with the man advantage. His 29 points were good for eighth place in Canada West scoring while his 26 assists ranked second in the conference.

The Academic All-Canadian education student was a major factor in Lethbridge improving from a 4-20-4 record to a 14-9-5 mark and returning to the post-season for the first time since 2003-04.

"Jay is one of the most quality players and people I have been associated with. From day one in the dressing room he took control of the leadership role and made players around him better," said Pronghorn head coach Greg Gatto. "His confidence in his ability and calmness did wonders for our team. Jay played in every role for us and played huge minutes every night."

The All-Canadian teams were also announced Wednesday.

Joining Langager on the first dream squad were Alberta goaltender Aaron Sorochan (Edmonton), Moncton defenseman Louis Mandeville (Sorel-Tracy, Que.), and forwards Dan Rudisuela (St. Catharines, Ont.) of Saint Mary's, Thierry Poudrier (Victoriaville, Que.) of UQTR and Ben Kilgour (Leduc, Alta.) of Alberta, all earning All-Canadian honours for the first time.

## **2006-07 CIS MEN'S HOCKEY AWARDS & ALL-CANADIANS**

**Tissot - Player of the year (Senator Joseph A. Sullivan Trophy): Jay Langager, Lethbridge**

**Rookie of the year (Clare Drake Award): Mark Shefchyk, Lethbridge**

Most sportsmanlike player (R.W. Pugh Award): Ben McLeod, Ottawa  
Coach of the year (Father George Kehoe Memorial Award): Robert Mongrain, Moncton

Outstanding student-athlete (Dr. Randy Gregg Award): Colin Sinclair, UNB

### **First Team**

Position Athlete University Year Hometown Faculty

Goalie Aaron Sorochan Alberta 2 Edmonton, Alta. Physical Education & Recreation

Defense Louis Mandeville Moncton 4 Sorel-Tracy, Que. MBA - Coop

**Defense Jay Langager Lethbridge 5 Loreburn, Sask. Education**

Forward Dan Rudisuela Saint Mary's 3 St. Catharines, Ont. Communications

Forward Thierry Poudrier UQTR 2 Victoriaville, Que. Communications

Forward Ben Kilgour Alberta 3 Leduc, Alta. Physical Education & Recreation